

	Monday	Monday	Tuesday	Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Thursday	Thursday	Friday	Friday	Saturday	Saturday
	Equipment	Equipment	Matwork	Equipment	Matwork	Matwork	Equipment	Zoom	Mat/Equipment	Mat/Equipment	Equipment	Zoom	Matwork	S&C
	Fiona	Maya	Sally	Fiona	Pete & Joana	Maya	Lorraine	Louise	Mix	Mix	Lorraine	Danni	Maya	Maya
	11:00 - 12:00	18:15 - 19:15	14:30 - 15:30	17:45 - 18:45	17:55 - 18:55	18:20 - 19:20	18:15 - 19:15	18:00 - 19:00	12:55 - 13:55	19:00 - 20:00	09:00 - 10:00	17:30 - 18:30	10:00 - 11:00	12:30 - 13:30
	12:30 - 13:30	19:25 - 20:25	15:45 - 16:45	19:00 - 20:00	19:00 - 20:00	19:20 - 20:20	19:20 - 20:20				10:10 - 11:10		11:15 - 12:15	
		20:35 - 21:35		20:10 - 21:10										
Week 1	30/03/26	30/03/26	31/03/26	31/03/26	31/03/26	01/04/26	01/04/26	02/04/26	02/04/26	02/04/26	10/04/26	10/04/26	No class	No class
Week 2	No class	No class	07/04/26	07/04/26	07/04/26	08/04/26	No class	09/04/26	09/04/26	09/04/26	17/04/26	17/04/26	11/04/26	11/04/26
Week 3	13/04/26	13/04/26	14/04/26	14/04/26	14/04/26	15/04/26	15/04/26	16/04/26	No class	No class	24/04/26	24/04/26	18/04/26	18/04/26
Week 4	20/04/26	20/04/26	21/04/26	21/04/2026 Maya	21/04/26	22/04/26	22/04/26	23/04/26	23/04/26	23/04/26	01/05/26	No Class	No class	No class
Week 5	27/04/26	27/04/26	28/04/26	28/04/26	28/04/26	29/04/26	29/04/26	30/04/26	30/04/26	No class	No Class	08/05/26	02/05/26	02/05/26
Week 6	04/05/26 Joana Matwork	Only 18:15 - prebooked only	05/05/26	05/05/26	05/05/26	06/05/26	06/05/26	07/05/26	07/05/26	07/05/26	15/05/25	15/05/25	09/05/26	09/05/26
Week 7	11/05/26	11/05/26	12/05/26	12/05/26	12/05/26	13/05/25	13/05/25	No class	No class	14/05/26	22/05/26	22/05/26	16/05/25	16/05/25
Week 8	18/05/26	No class	19/05/26	19/05/2026	19/05/26	20/05/26 Sara	20/05/26	21/05/26	21/05/26	21/05/26	29/05/26	29/05/26	23/05/26	23/05/26 Emma
Week 9	No class	No class	26/05/26	26/05/2026	26/05/26	27/05/26	27/05/26	28/05/26	28/05/26	28/05/26	05/06/26	05/06/26	30/05/26	30/05/26
Week 10	01/06/26 Joana Matwork	01/06/26	02/06/2026 Sara	02/06/26	02/06/26	03/06/26	03/06/26	04/06/26	04/06/26	04/06/26	12/06/26	12/06/26	06/06/26	06/06/26
Week 11	08/06/26 Joana Matwork	08/06/26	09/06/26	09 June 2026 Maya	09/06/26	10/06/26	10/06/26	11/06/26	No class	11/06/26	19/06/26	19/06/26	13/06/26	13/06/26
Week 12	15/06/26	15/06/26	16/06/26	16/06/26	16/06/26	17/06/26	17/06/26	18/06/26	18/06/26	18/06/26	26/06/26	26/06/26	No class	No class